

We have received inquiries from a number of provincial Hospitals as to the arrangements which can be made by Nurses desiring to visit the Exhibition and coming from distant towns. We are informed that nearly every Railway Company will make special terms for parties of ten or more travelling to London and returning on the same, or on the next, day, provided that they take their tickets together "as a party"; and we would advise those of our readers, therefore, who wish to obtain such large reductions in fares, to apply direct to the Station Master at their own Railway Stations. With reference to bedrooms and board for Nurses, we can strongly recommend certain Homes, the addresses of which will be published next week; and any further information which intending visitors desire to have will be gladly afforded them if they will send a stamped and addressed envelope to the Secretary of the Nursing Exhibition, 20, Upper Wimpole Street, London, W. It is arranged that the Exhibition shall be opened to the public at 2.30 p.m. on Monday, June 1st, when the Band of the Royal Artillery will perform. After six o'clock on the Opening Day, and on all future days, the charge for admission will be one shilling, payable on admission. The Exhibition will be opened from 11 a.m., each day, until 10 p.m., except on Wednesdays and Saturdays, when it will be closed to the general public at 6 p.m.—Special Entertainments taking place on those evenings, for which special Tickets must be obtained from the Secretary, NURSING RECORD Offices, 11, Adam Street, Strand, W.C. There is a room where Refreshments can be obtained, so that Nurses will not require to leave the Exhibition for that purpose.

With regard to the Conferences, which will be held in the same building on Wednesday, Thursday, and Friday, June 3rd, 4th, and 5th, with separate Chairwomen each morning and afternoon, most valuable papers will be read upon matters of the highest interest to the Nursing profession. Admission to these Conferences will be free, and the presence of anyone interested in Nursing matters will be welcomed; so that it is hoped that large meetings will be present to hear these valuable papers, and that useful and interesting discussions will follow them.

During the whole progress of the Exhibition, the Lecture Hall will be used for valuable Demonstrations of the method of employing

the New Shadow Photography, admission to which will be by ticket or by payment of one shilling. The suggestion has been made in these columns that Nurses should know how to carry out this new clinical method; and while we are of opinion that it will probably be a long time before the system is so simplified and cheapened as to render this possible, it is certain that the procedure is so deeply interesting as well as novel, and also so important, that it would be well for as large a number of Nurses as possible to take this—which we believe is the first—opportunity offered to them, to witness the methods employed and the results obtained, by this remarkable discovery. In order to prevent overcrowding, therefore, only a limited number of persons will be admitted to each Demonstration, and it would be well that applications should be made *at once*, to the Secretary, at the Offices of this Journal, for Cards of admission (price one shilling each). These will be issued strictly according to priority of application, and it is necessary to refer to this matter now, in order to prevent possible disappointment, hereafter.

Lectures on Elementary Physiology in relation to Medical Nursing.

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LECTURE IV.—THE EXCRETORY ORGANS.

(Continued from page 249.)

THE SPECIFIC GRAVITY or the density of the urine, is, in health, from 1015 to 1025, as compared with ordinary distilled water, which is taken at 1000. The higher the specific gravity the denser is the fluid—or, in other words, the more solid matter does it contain. The lower the specific gravity of the urine, on the other hand, the less is the amount of solid material which it holds in solution. It is therefore of much importance in disease, to take and chart carefully the specific gravity of the urine from time to time. This is a matter which is very frequently overlooked by Nurses, and therefore it will be well to explain its importance at some length.

An old rule for obtaining, roughly, the amount of solids contained in the urine is to

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